

*Erie  
Runners  
Club  
Newsletter*

MAY 2024

Volume MMXXIV

Number 5



Next up: Mother's Day 5K Run/Walk – May 12

## ERC MEMBERSHIP MEETING

**MONDAY, May 13<sup>th</sup>, 2024**

**Outdoors at Asbury Woods**

**Picnic Pavilion at 7 p.m.**

**Bring a dish to share. Hot dogs/sausages and drinks provided.**

## ERC EXECUTIVE BOARD MEETING

**May 20<sup>th</sup>, 2024**

**6 p.m. at the Colony Pub & Grille**

## OFFICERS AND BOARD MEMBERS FOR 2024

President: David Comi (2026) 814-881-0060

Vice President: Greg Wigham (2025)

814-873-0100 [greg.wigham@gmail.com](mailto:greg.wigham@gmail.com)

Treasurer: Kathryn (Carstater) Hughes (2025)

[ksc160@gmail.com](mailto:ksc160@gmail.com)

Secretary: Kim Lawrence (2024)

[kim@fireflystudios.com](mailto:kim@fireflystudios.com)

Board Members (final year of team)

Jen Lang (2025) [jenlang@bigwhitetrailer.com](mailto:jenlang@bigwhitetrailer.com)

Jeff Shaw (2025) [jashawpa@gmail.com](mailto:jashawpa@gmail.com)

Janina Lee (2026) [Janina\\_lee@rocketmail.com](mailto:Janina_lee@rocketmail.com)

Suzanne Carstater (2026) [uropa40@aol.com](mailto:uropa40@aol.com)

Bill Tobin (2024) 814-398-2908

[william.tobin31@verizon.net](mailto:william.tobin31@verizon.net)

Tom Twohig (2024) [tom2hig@gmail.com](mailto:tom2hig@gmail.com)



## ADDRESS CHANGE or CORRECTION

Please e-mail [suzannec@erierunners.club](mailto:suzannec@erierunners.club) with **ANY** change in address.

**Newsletter Editor:** Janina Lee 703-477-7754

**e-mail:** [Janina\\_lee@rocketmail.com](mailto:Janina_lee@rocketmail.com)

**WEBSITE:** [www.erierunners.club](http://www.erierunners.club)

**Send mail to Erie Runners Club,**

**1903 West 8<sup>th</sup> Street, PMB #296, Erie, PA 16505**

## WE LOVE OUR VOLUNTEERS

Check the ERC website for the many other events coming up soon, like the Attorney and Kids 5K in downtown Erie. We are always looking for individuals and groups to assist with our events.

Contact David at 814-881-0060 or by email at

[davemcomi@gmail.com](mailto:davemcomi@gmail.com)

## CALENDAR OF EVENTS

### MAY

**11** Art & Sole 5K Run/Walk, 9 AM, Neighborhood Art House, 201 East 10<sup>th</sup> St., Erie, PA, contact Kelly Stolar at 814-455-5508 or by e-mail at [kstolar@icnah.org](mailto:kstolar@icnah.org)

**12** ERC Mother's Day 5K Run/Walk, 8 AM, Harborcreek Community Park, Erie, PA, event benefits the ERC Scholarship Fund and local charities, plans are being finalized and more information will be available on the ERC website at [www.erierunners.club](http://www.erierunners.club).

**18** Attorneys and Kids Together 5K Run & Walk (formerly Law Day 5K), 9 AM, Erie Co. Courthouse, Perry Square, Erie, PA, call 459-3111, also a virtual event – see link below

**On-line registration can be accessed at:**

**[https://runsignup.com/Race/PA/Erie/](https://runsignup.com/Race/PA/Erie/AttorneysKidsTogether)**

**[AttorneysKidsTogether](https://runsignup.com/Race/PA/Erie/AttorneysKidsTogether)**

### JUNE

**22 or 23** ERC Dog Days of Summer 5K Run/Walk, Harborcreek Community Park, Clark Rd. entrance. Registration coming soon!

## Looking ahead:

**The following are the dates for the ERC 2024 race**

**calendar.**

**July 21, 2024** – ERC Presque Isle Half Marathon

**August TBD 2024** – Hamot 10K/5K Mayor's Cup

**September 8, 2024** – Erie Marathon at Presque Isle

**October 19, 2024** – ERC Personal Endurance Classic

**November 28, 2024** – ERC Turkey Trot 10K & 5K

**December 8, 2024** – Snowflake 5K Run/Walk

NOTE: We advise that you check with a race's director for firm details. Many races operate on small or limited budgets, and race directors often can't respond to your written requests unless you include a self-addressed stamped envelope (SASE) with your request. Another caution: If you call a race director long-distance and have to leave a message, give your name and address in addition to your phone number to insure a reply. **To have a race appear in this listing, call Janina at 703-477-7754, or send details (along with a copy of the race application, if available) to ERC Newsletter Editor, 1903 West 8<sup>th</sup> Street, PMB #296, Erie, PA 16505**

**April 2024 Board Meeting Minutes**

Erie Runners Club Board Meeting  
Monday April 15, 2024  
Colony Pub & Grille, 6:00 pm

**Meeting Called to Order:**  
6:01pm by David Comi

**In Attendance:**

David Comi, Suzanne Carstater, Kim Lawrence, Bill Tobin, Greg Wigham, Tom Twohig, Kathryn Hughes, Janina Lee, Jeff Shaw, Mike Vybril

**Absent:** Jen Lang

**Secretary's Report:**

The minutes of the March 2024 meeting were published and distributed to the general membership via the newsletter.

**Treasurers Report:**

Motion to accept: SC Seconded by JS All approved

**Guests:**

None

**Correspondence:**

Misc. email and snail mail regarding upcoming races and solicitations.

**Old Business:**

None

**New Business:**

\*\*\*The Erie Runners Club is looking for various Committee Leaders to take a more active role in our club. Committee Leaders will participate in race planning and race support, membership meetings and board meetings and have opportunity to give input in club activities and matters. If you are interested, please contact David Comi at 814-881-0060\*\*\*

THE FIRST OUTDOOR MEMBERSHIP MEETING IS ALMOST HERE!

It will be on Monday, May 13<sup>th</sup> at 7 pm at the Asbury Woods Picnic Shelter. Bring a dish to share and enjoy news of the club and friendly conversation!

**Races:**

The **Tutu 2.2 or 4.4 race** was held on Sunday, April 28<sup>th</sup> and a terrific time was had by all. David Comi put in a special order for the rain to hold off and it did. Thanks to all the race participants and volunteers for another fun race. Proceeds from this year's race will go to support Safenet!

**May:** The Erie Runners Club **Mother's Day Race**. Sunday, May 12<sup>th</sup> Clark Road Entrance to Harbor Creek Community Park. Race starts at 8 am. This race will be chip timed. There will be pre-packaged food items and water after the race.

The primary purpose of this event is to promote cardiovascular fitness in a safe, relaxed and friendly environment. There are no trophies or prize money to be handed out but times will be posted.

**June:**

**NEW RACE** – The Dog Days of Summer - An event for you and your well-behaved, leashed dog. Weekend of June 22/23. Registration opening soon...stay tuned!

**Meeting Adjournment** - Motion to Adjourn JS, 2<sup>nd</sup> GW, All Approved.

Meeting Adjourned at 6:40 pm. The next monthly board meeting will be held on Monday, May 20, 2024 at the Colony Pub & Grille

Respectfully submitted,  
Kim Lawrence, Secretary

## Blowing out (Lots of) Candles

Wish a Happy Birthday to:

### May 2024

- 1 – Stephen Easley
- 2 - Judith Morphy
- 3 – Stephen Carter, Jonathan Nolan
- 6 - Bob Sontheimer
- 7 – Travis Bach
- 8 - Kaitlynn Patterson
- 9 - William Lamont
- 12 - Grace Lang
- 15 - Erica Friedman, Grace Bennett
- 16 – Kaylyn Gilkinson
- 18 – Mandi McDonald, Bob Patterson,  
Kirk Hamza
- 19 – Giana Vella
- 20 - Christopher Connell
- 22 - Don Herrmann
- 23 – Ella Wieczorek
- 24 - Mike Mirth
- 26 – Tristan Hiner, Robin Mascharka
- 28 – Josh Videlefsky
- 29 – Lucius Bugbee, Jack Daneri
- 30 - Trisha Schreiber



#RunnerBirthday

Join the Club; the Erie Runners Club

Whether you are looking for a gift for someone special OR treating yourself to something nice, an ERC membership is a great way to say thank you!

Individual Membership \$15

Family Membership \$20 (max 8)

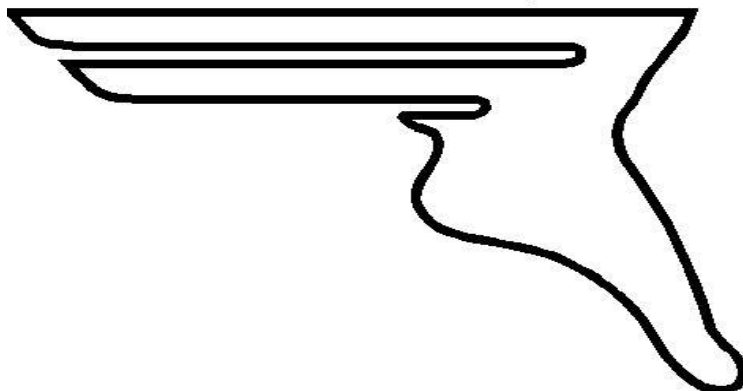
\*For immediate family only, including children under 22, living at home. Children over 22 must have their own individual membership.\*

Membership from September 1, 2023 to February 28, 2025. Sign up at:

<https://runsignup.com/Club/PA/Erie/ErieRunnersClub>



# **Erie Runners Club, Inc.**



**1903 West 8<sup>th</sup> St. PMB #296  
Erie, PA 16505**

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## **MAY 2024**

DATED MATERIAL - PLEASE DELIVER  
PROMPTLY

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**In  
this  
issue:**

### **Next on the ERC RACE SCHEDULE**

**May 14**

**Mother's Day 5K Run/Walk**

**June 22 or 23**

**Dog Days of Summer 5K Run/Walk**

- ▣ **Race Calendar**
- ▣ **From the President's Pen**
- ▣ **May meeting info**
- ▣ **May birthdays**
- ▣ **ERC contact info**
- ▣ **Race results & reports**
- ▣ **Race applications**
- ▣ **and more!!!**