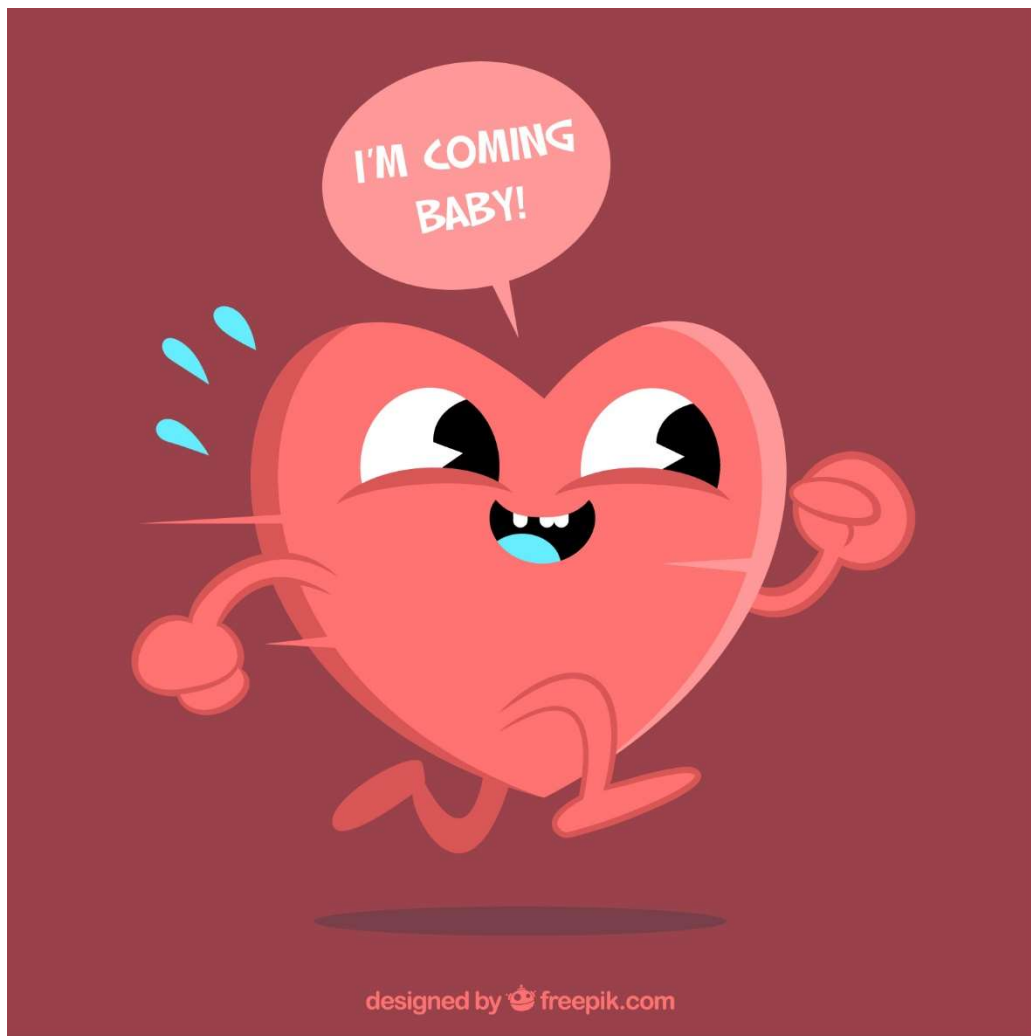


*Erie  
Runners  
Club  
Newsletter*

FEBRUARY 2024

Volume MMXXIV

Number 2



Next up: Valentine Prediction Run/Walk  
Sunday, February 11th

**ERC MEMBERSHIP MEETING**  
**Monday, FEBRUARY 12<sup>th</sup>, 2023**  
**7 p.m. Plymouth Tavern**

✂ ✂ ✂ ✂ ✂ ✂

**ERC EXECUTIVE BOARD MEETING**  
**February 19<sup>th</sup>, 2023**  
**6 p.m. at Colony Pub & Grille**

**OFFICERS and BOARD MEMBERS for 2024**

**PRESIDENT:** David Comi (2026)

881-0060 [davemcomi@gmail.com](mailto:davemcomi@gmail.com)

**VICE PRESIDENT:** Greg Wigham (2025)

814-873-0100 [greg.wigham@gmail.com](mailto:greg.wigham@gmail.com)

**TREASURER:** Kathryn (Carstater) Hugues (2025)

[ksc160@gmail.com](mailto:ksc160@gmail.com)

**SECRETARY:** Kim Lawrence (2024)

[kim@fireflywebstudios.com](mailto:kim@fireflywebstudios.com)

**BOARD MEMBERS** (final year of term)

**Jen Lang (2025)**

[jenlang@bigwhitetrailer.com](mailto:jenlang@bigwhitetrailer.com)

**Jeff Shaw (2025)**

[jshawpa@gmail.com](mailto:jshawpa@gmail.com)

**Janina Lee (2026)**

[janina\\_lee@rocketmail.com](mailto:janina_lee@rocketmail.com)

**Suzanne Carstater (2026)**

[uropa40@aol.com](mailto:uropa40@aol.com)

**Bill Tobin (2024)**

814-398-2908 [william.tobin31@verizon.net](mailto:william.tobin31@verizon.net)

**Tom Twohig (2024)**

[tom2hig@gmail.com](mailto:tom2hig@gmail.com)

**ADDRESS CHANGE or CORRECTION**

Please e-mail [uropa40@aol.com](mailto:uropa40@aol.com) with **ANY** change in address.

**Newsletter Editor:** Janina Lee 703-477-7754

e-mail: [janina\\_lee@rocketmail.com](mailto:janina_lee@rocketmail.com)

**WEBSITE:** [www.erierunners.club](http://www.erierunners.club)

**Send mail to Erie Runners Club,  
1903 West 8<sup>th</sup> Street, PMB #296, Erie, PA 16505**

**Information you need to know  
about the Valentine Prediction**

**Run/walk on Sunday February 11,  
2024**

1. Yes, it is a Sunday race.
2. It will be at the Pleasant Ridge Park in Fairview.
3. You can register – online or at the race, right up until start time.
4. The distance will be between three and five miles, but you won't find out the exact distance until you finish.
5. You predict your pace per mile, based on the weather conditions.
- 6. The awards are chocolate!!!!**
7. If you're not ready to race yet, volunteers are always welcome!

Race director

David Comi, 814-881-0060

Valentine Prediction Run/Walk

**January 2024 Board Meeting Minutes**

Erie Runners Club Board Meeting

Monday January 15, 2024

Colony Pub & Grille, 6:00 pm

**Meeting Called to Order:**

6 pm by Greg Wigham

**In Attendance:**

Suzanne Carstater, Kim Lawrence, Bill Tobin, Greg Wigham, Tom Twohig, Kathryn Carstater, Janina Lee, Jeff Shaw, Jen Lang

**Absent:**

David Comi

**Secretary's Report:**

The minutes of the December 2023 meeting were published and distributed to the general membership via the newsletter.

**Treasurers Report:**

Motion to accept: KL Seconded by BT, All approved

**Guests:**

None

**Correspondence:**

Misc. email about races, membership

### Old Business:

Further discussion was had regarding adding committees and committee chairpersons to our organization.

### New Business:

SC made a motion to move money from our club bank account to 2 CDs, 6 months @5% interest, KH seconded, all approved. Since we no longer have access to a pick-up truck, JS made the board aware that we will need to a pick-up truck or van for upcoming races.

### Races:

#### February:

#### ERC Valentine Prediction Run – Sunday, February 11, 2024 Pleasant Ridge Park in Fairview, PA

Race starts at 10 am. Distance: Will be between 4 and 6 miles. Participants will NOT know the distance until the event is completed. AWARDS: This is a time-prediction run. You will be asked to predict your pace-per-mile, based on the road and weather conditions that morning, and we will calculate your predicted finishing time. We ask that you NOT use a Garmin or timing device to track your pace. Racewalkers are welcome to compete. **The prizes are CHOCOLATE.** This race is one where you don't need to be the fastest runner to win! To volunteer, contact David Comi 814-881-0060.

#### March:

**St. Pats Distance Festival** is fast approaching! Sign up online at RunSignUp. The race will take place on Saturday **March 16, 2024, Rotary Pavilion** – near the Waterworks on Presque Isle. St Pat's packet pick up is on Friday, March 15 from 3:00 pm until 7:00 pm. Location is Renew Fitness & You Personal Training, 1359 Marshall Drive, Erie, Pa., 16505

**5k Race starts at 9:00 am.** There will be a **one-hour time limit for the 5k race.** The **10k race starts at 10:10 am.** Please allow plenty of time to arrive. The race will not be delayed due to inclement weather or parking. Volunteers still needed. Contact David Comi for details 814-881-0060.

#### April:

**Sunday April 28<sup>th</sup> - OUR THIRD ANNUAL 2.2 Tutu of 2024 & the 4.4 Tutu of 2024** – That's right! It's a **Tutu Event!** We're looking for a little bit of lighthearted fun! **There will be two distances - 2.2 Miles and 4.4 Miles. Tutus are optional, of course.** There will be awards for the First, Second and Third

Place Finishers for both male and female category in each race. And there will be a cash award for the best Tutu for male and female finisher. The race will be held on Sunday April 28th at the ERC Beach One Pavilion. The 4.4 race will start at 9 am and the 2.2 will start at 10 am. There will be snacks and water for participants at the end of the race. This run will benefit the Safenet. **Registration is now open on RunSignUp.com!** To guarantee your shirt size, sign up early. Volunteers are needed. Please call Kim Lawrence to volunteer 814-572-1740.

#### May:

Mother's Day Race Sunday, May 12<sup>th</sup>. Stay tuned for details.

#### June:

**NEW RACE** – The Dog Days of Summer - An event for you and your well-behaved, leashed dog. We are considering the weekend of June 22/23. Details to come.

**Meeting Adjournment** - Motion to Adjourn KL, 2<sup>nd</sup> SC, All Approved.

Meeting Adjourned at 6:53 pm. The next monthly board meeting will be held on Monday, February 19, 2024 at the Colony Pub & Grille.

Respectfully submitted,

Kim Lawrence, Secretary

## CALENDAR OF EVENTS

### FEBRUARY

- 11** ERC Valentine Prediction Run/Walk, 10 AM, Rotary Pavilion, Presque Isle State Park, Erie, PA. This is a prediction-style event - you predict your pace per mile based on the weather and road conditions that day. The course will be between 4 and 6 miles in length. Those closest to their predicted pace win delicious chocolate awards. Please - no watches or other pacing devices!!! Call David Comi at 814-881-0060 or e-mail to [davemcomi@gmail.com](mailto:davemcomi@gmail.com) VOLUNTEERS NEEDED!

### MARCH

- 16** ERC St. Patrick's Distance Festival, 5K fun run at 9 AM, 10K at 10:10, Rotary Pavilion, Presque Isle State Park, Erie, PA, call Dave Comi at 814-881-0060 or e-mail to [davemcomi@gmail.com](mailto:davemcomi@gmail.com)

### Looking ahead:

The following are the proposed dates for the ERC

**2024 race calendar. We'll keep you posted.**

**April 28, 2024** – ERC 2.2 or 4.4 Tutu Run

**May 12, 2024** – ERC Mother's Day 5K Run/Walk

**June 22/23, 2024** – ERC Dog Days of Summer 5K Run/Walk

**July 21, 2024** – ERC Presque Isle Half Marathon

**August 2024 TBD** – Hamot 10K/5K Mayor's Cup

**September 8, 2024** – Erie Marathon at Presque Isle

**October 20, 2024** – ERC Personal Endurance Classic

**November 28, 2024** – ERC Turkey Trot 10K & 5K

**December 7, 2024** – Snowflake 5K Run/Walk

NOTE: We advise that you check with a racedirector for firm details. Many races operate on small or limited budgets, and race directors often can't respond to your written requests unless you include a self-addressed stamped envelope (SASE) with your request. Another caution: If you call a race director long-distance and have to leave a message, give your name and address in addition to your phone number to ensure a reply. **To have a race appear in this listing, call Janina at 703-477-4454, or send details (along with a copy of the race application, if available) to ERC Newsletter Editor, 1903 West 8<sup>th</sup> Street, PMB #296, Erie, PA 1650**

### Membership renewals

#### **Time to renew**

Membership renewals are due by February 29<sup>th</sup>! Your individual expiration date is printed in your e-mail version of the newsletter. Families are renewed together. The fastest and easiest way to do so is online. If you don't renew by the deadline, your name will be purged from the membership list and you will not receive the newsletter in March.

If there is additional information regarding membership and the race schedule, it will appear in the newsletter and on the website at [www.erierunners.club](http://www.erierunners.club)

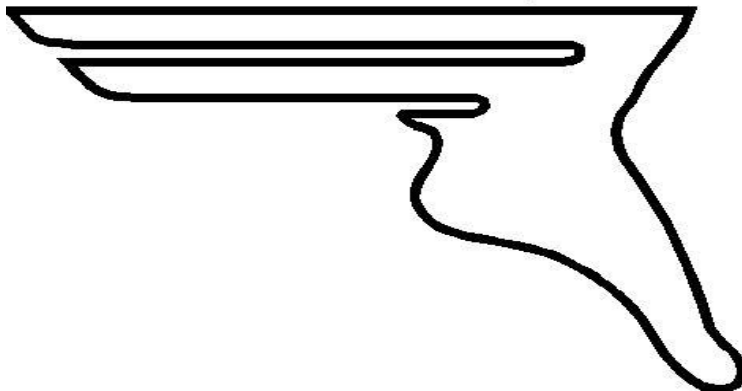


### **Blowing out (Lots of) Candles FEBRUARY 2024**

Wish a Happy Birthday to:

- 2 – Holly King, Nicholas Raucchi,  
Chelsea Weisenfluh, David Weirzchowski
- 3 – Jen Lang
- 4 – Stacey Curry
- 5 – Kim Lawrence, Jack Peterson
- 6 – Colleen Campbell
- 7 – Heather Sitter, Jim Tolon,  
William Vassen
- 8 – Sue Mineo, Vivian Sophia Karney
- 9 – Amy Fisher, Troy Reese, Sheila Howard
- 14 – Roland Blakeslee, Luke Hess, Mira Hiner,  
Ian Karney
- 21 – Denise Comi, Ryan Patterson, Brian Gildea
- 22 – Tricia Harned, Kyle Thompson
- 23 – Cindy Wilcox
- 24 – James Dobrich, Richard Schreiber
- 25 – James Sonney, Ty Webb
- 26 – Jim Roberts Jr.
- 27 – Frank Liebenritt
- 28 – Dyan Jones

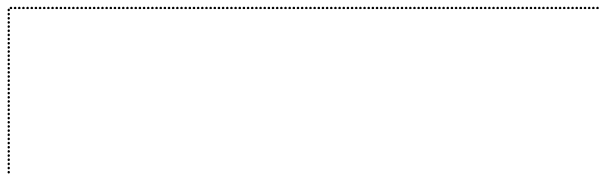
# Erie Runners Club, Inc.



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Erie, PA 16505

## FEBRUARY



DATED MATERIAL - PLEASE DELIVER PROMPTLY

In  
this  
issue:

Next on the ERC RACE SCHEDULE  
February 12  
ERC Valentine Prediction Run/Walk  
March 11  
ERC St Patrick's 10K/5K

- ☐ Race Calendar
- ☐ From the President's Pen
- ☐ February meeting info
- ☐ February birthdays
- ☐ ERC contact info
- ☐ Race results & reports
- ☐ Race applications
- ☐ and more!!!