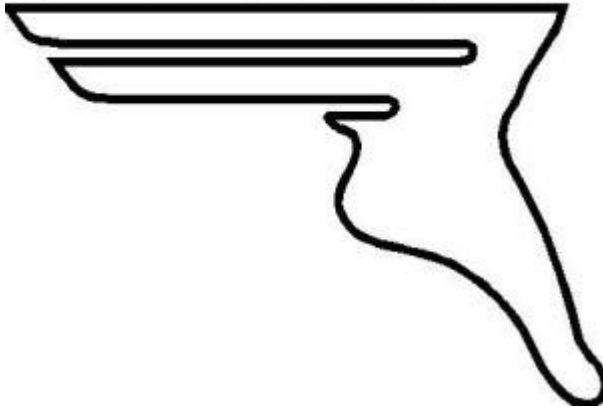


**Erie
Runners Club, Inc.**



Erie Runners Club

LOCATION: ERIE, PA US 16505



Up next, the ERC 2.2 or 4.4 Tutu Run., Sunday April 28, 2024

From the President's Pen

Welcome to the start of many months of perfect Erie weather conditions for running and walking. Get out there and enjoy every chance you get to train for whatever event you have on your race calendar this season.

Our next ERC event is the third annual Tutu Run/Walk on April 28th. Choose from a 2.2 mile walk/run or a 4.4 mile run. Dust off your tutu and see if it still fits. Janina and Kim are back directing this year at Presque Isle State Park, Beach 1. Volunteer opportunities are

available for these and all races.

In May, we will host our traditional Mother's Day 5K event at Harborcreek Community Park. Mother-Daughter duo, Jennifer and Emma Lang return as co-directors. Gather your Mom and bring her to this event.

Being a volunteer and learning how to direct a race are a lot of fun and very rewarding. I'm the contact person for groups and organizations that are interested in raising funds for their cause. The ERC is in need of volunteers such as water stop personnel and road marshals for our major events this year. My contact number is 814-881-0060 or email me at davemcomi@gmail.com This is a great way to fundraise and get out and assist the club. You get to be around many people from all over the United States and other parts of the world and experience a special feeling interacting with others who have such a positive atmosphere towards the sport of running and walking. From teenagers to the ones with fifty-plus years of experience, you will find an incredible positive attitude.

I look forward to getting to visit with old friends and making new ones!

David Comi

CALENDAR OF EVENTS

APRIL

28 ERC 2.2/4.4-mile TUTU Run/Walk, 4.4 starts at 9 AM, 2.2 at 9:15, ERC Beach One Pavilion, Presque Isle State Park, Erie, PA, call Janina Lee at 703-477-7754 or e-mail to janina_lee@rocketmail.com

MAY

11 Art & Sole 5K Run/Walk, 9 AM, Neighborhood Art House, 201 East 10th St., Erie, PA, contact Kelly Stolar at 814-455-5508 or by e-mail at kstolar@icnah.org

12 ERC Mother's Day 5K Run/Walk, 8:30 AM, Harborcreek Community Park, Erie, PA, event benefits the ERC Scholarship Fund and local charities, plans are being finalized and more information will be available on the ERC website at www.erierunners.club.

18 Attorneys and Kids Together 5K Run & Walk (formerly Law Day 5K), 9 AM, Erie Co.

Courthouse, Perry Square, Erie, PA, call 459-3111, also a virtual event. Use the app, <https://www.strava.com/clubs/aktrun>, and join our club: AKT Virtual 5K!

Looking ahead:

The following are the dates for the ERC 2023 race calendar.

June 22/23 – The Dog Days of Summer - An event for you and your well-behaved, leashed dog. We are considering the weekend of June 22/23. Details to come.

July 21, 2024 – ERC Presque Isle Half Marathon

August, 2024 – Hamot 10K/5K Mayor's Cup - TBD

September 8, 2024 – Erie Marathon at Presque Isle

October 19, 2024 – ERC Personal Endurance Classic

November 28, 2024 – ERC Turkey Trot 10K & 5K

December 8, 2024 – Snowflake 5K Run/Walk

NOTE: We advise that you check with a race's director for firm details. Many races operate on small or limited budgets, and race directors often can't respond to your written requests unless you include a self-addressed stamped envelope (SASE) with your request. Another caution: If you call a race director long-distance and have to leave a message, give your name and address in addition to your phone number to ensure a reply. To have a race appear in this listing, call Janina at 703-477-7754, or send details (along with a copy of the race application, if available) to ERC Newsletter Editor, 1903 West 8th Street, PMB #296, Erie, PA 16505

March 2024 Board Meeting Minutes

Erie Runners Club Board Meeting

Monday March 18, 2024

Colony Pub & Grille, 6:00 pm

Meeting Called to Order:

6:10 pm by David Comi

In Attendance:

David Comi, Suzanne Carstater, Kim Lawrence, Greg Wigham, Tom Twohig, Kathryn Hughes, Janina Lee, Jen Lang

Absent: Bill Tobin, Jeff Shaw

Secretary's Report:

The minutes of the February 2024 meeting were published and distributed to the general membership via the newsletter.

Treasurers Report:

Motion to accept: GW Seconded by JML All approved

Guests:

Mike Vybiral – Mike has decided to accept the position of Road Crew Committee Lead for the ERC. It is a volunteer position and he will be an integral part of our club. He will be active in helping to assist with our races and will be attending our board meetings and membership meetings. He will be an integral part of the ERC team. Thank you and Welcome, Mike.

Jim Lang – As Race Director for the Endurance Run, Jim had several suggestions for the race and asked for ERC Board input. He will be changing the race course and Race Joy race tracking will be free at his October race.

Correspondence:

Lake Erie Lifestyles has been in touch with DC and will feature the Tutu Run in an upcoming edition.

Dick's Sporting Goods has reached out to see if they could volunteer in any upcoming races.
Misc.

Email and snail mails regarding upcoming races and solicitations for donations.

Old Business:

Winter Series: **The board is discussing whether to continue with The Winter Series.** In past years, including this year, we have held a series of three races and called them the “Winter Series”. The Turkey Trot, The First Day Race (New Year’s Day) and the St. Patrick’s Day. For those who signed up and completed all three events, **the club paid for** and offered a Winter Series premium. This premium was not guaranteed to participants by simply registering for these races. The cost of the premium is not included in the race sign up fees. It is an extra perk, the club paid for to be awarded to only those who finished all three events. Participants were required to let the club know that they completed the events and would like the premium. If we decide to continue with the Winter Series club-paid premium, we will not be making any exceptions to those who have qualified, but not opted-in to receive the premium. Premiums are ordered and paid for several weeks in advance. Further discussion is needed. We will revisit this topic later in the year.

New Business:

The Erie Runners Club is looking for various Committee Leaders to take a more active role in our club.

Committee Leaders will participate in race planning and race support, membership meetings and board meetings and have opportunity to give input in club activities and matters. If you are interested, please contact David Comi at 814-881-0060.

GW made a motion to replace and add signage for our sandwich board signs. KH seconded, all approved.

TT went to the bathroom at 6:54 pm and returned at 6:57 pm.

Summer ERC outside meetings and picnics. With the departure of Dan Albaugh, Board Members will be sharing the responsibility of handling the cooking for our outside picnics. GW offered to take care of the first one in May. KL and SC offered to each take a monthly meeting. DC to inventory plates, plastic utensils and let GW know what we need to kick off the season. Team work makes the dream work. DC has completed and paid for the permits of all ERC races that take place on the peninsula for 2024 in compliance with the Presque Isle State Park and Pennsylvania State Park requirements. Thanks, David!

Races:

Did you know? Most of our “races” offer an option to walk. We’d love to have you participate.

The St Patrick’s Distance Festival was a big hit this year. Race participation was up 30%! Thank you to our Sponsors, Race Staff/Volunteers and all of you who came out to participate for making this a great race!

Coming up:

April:

This event is all about making it easy for our participants. There are two running distances and there are **two walking distances. 2.2 miles or 4.4 miles.** Come on out and enjoy. This race benefits Safenet!

Sunday April 28th - OUR THIRD ANNUAL 2.2 Tutu of 2024 & the 4.4 Tutu of 2024

– That’s right! **It’s a Tutu Event!** We’re looking for a little bit of lighthearted fun! **There will be two distances - 2.2 Miles and 4.4 Miles. Tutus are optional, of course.**

There will be awards for the First, Second and Third Place Finishers for both male and female category in each race. And there will be a cash award for the best Tutu for male and female finisher. The race will be held on Sunday April 28th at the ERC Beach One Pavilion. The 4.4 race will start at 9 am and the 2.2 will start at 10 am. There will be snacks and water for participants at the end of the race. This run will benefit the Safenet. **Registration is now open on RunSignUp.com!** To guarantee your shirt size, sign up early. Volunteers are needed. Please call Kim Lawrence to volunteer 814-572-1740.

May:

Mother’s Day Race Sunday, May 12th. Stay tuned for details.

June:

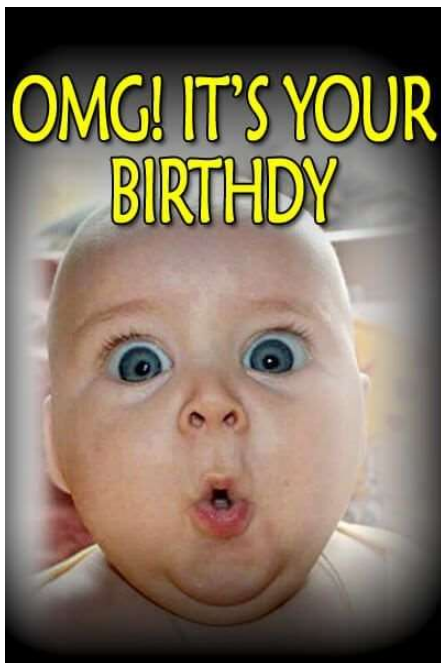
NEW RACE – The Dog Days of Summer - An event for you and your well-behaved, leashed dog. We are considering the weekend of June 22/23. Details to come.

Meeting Adjournment - Motion to Adjourn KL, 2nd JML, All Approved.

Meeting Adjourned at 7:49 pm. The next monthly board meeting will be held on Monday, April 15, 2024 at the Colony Pub & Grille

Respectfully submitted,

Kim Lawrence, Secretary



Blowing out (Lots of) Candles

Wish a Happy Birthday to:

APRIL 2024

3 - Katie Schreiber

4 – Ella Wolf

5 – Allison Loch, Dennys Perez

6 - Patricia Albaugh, Trevor Luce

7 - Clarence Mason

8 – Michael Gustafson

12 – Dakota Sonney

15 - Suzanne Carstater

17 – Kristen Bastow

18 – Jamie Carr, Darleen Hilliard,

Mike Gourley

19 - Samantha Bennett

20 – Kate Thiem

21 – Landon Dodd

22 – Mary Harned, Mary Horomanski

24 – Ashley Lauria

28 – Lillian Hayes

29 - Thomas Twohig

JOIN the ERIE RUNNERS CLUB

\$15 single; \$20 family/year

Benefits include:

Monthly meeting/social with
free food & drinks
Special Discounts to many ERC races
Monthly newsletter

Club discount at local businesses

Fellowship & Friendship

www.rierunners.club

ERC MEMBERSHIP MEETING

April Meeting Cancelled as a Public Safety
Precaution to due to surge in visitors to Erie
for the Solar Eclipse. See you in May!



ERC EXECUTIVE BOARD MEETING

April 15th, 2024

6 p.m. at the Colony Pub & Grille



OFFICERS and BOARD MEMBERS for 2024

PRESIDENT: David Comi (2026)

881-0060 davemcomi@gmail.com

VICE PRESIDENT: Greg Wigham (2025)

814-873-0100 greg.wigham@gmail.com

TREASURER: Kathryn (Carstater) Hughes (2025)

ksc160@gmail.com

SECRETARY: Kim Lawrence (2024)

kim@fireflywebstudios.com

BOARD MEMBERS (final year of term)

Jen Lang (2025)

jenlang@bigwhitetrailer.com

Jeff Shaw (2025)

jshawpa@gmail.com

Janina Lee (2026)

janina_lee@rocketmail.com

Suzanne Carstater (2026)

uropa40@aol.com

Bill Tobin (2024)

814-398-2908 william.tobin31@verizon.net

Tom Twohig (2024)

tom2hig@gmail.com

ADDRESS CHANGE or CORRECTION

Please e-mail uropa40@aol.com with **ANY** change in address.

Newsletter Editor: Janina Lee 703-477-7754

e-mail: janina_lee@rocketmail.com

WEBSITE: www.erierunners.club

Send mail to Erie Runners Club,

1903 West 8th Street, PMB #296, Erie, PA 16505



ERC 2.2 or 4.4 Tutu Race April 28 @ 9:00 a.m.

It's back: the 3rd annual Tutu Run! There will be two distances - 2.2 miles or 4.4 miles. Tutus are encouraged but not required.

Awards for first, second and third place finishers for both male and female in each race. And there will be a cash reward for the best Tutu for male and female finishers. The race takes place at the ERC Beach One Pavilion. The 4.4 race will

start at 9 a.m. and the 2.2 will start at 9:15 a.m. There will be snacks and water provided for participants at the end of the race. Check in starts at 8 a.m. at the Beach 1 Pavilion. T-shirts guaranteed for participants registered by April 14th. Sign up early so you won't be disappointed.

You can only sign up for one race since they will start 15 minutes apart

Website: <https://runsignup.com/erctutu24>

Where does one find a Tutu?

One of the best resources we found was on Amazon.com but if you are looking to shop locally, you may wish to visit Party City. If you're feeling crafty, there are a number of great DIY tutorials found on YouTube. Have some and really embrace the tutu theme – get creative and let your imagination go wild.