Next up: 2.2 & 4.4 Tutu of 2023   Sunday, April 23rd

ERC MEMBERSHIP MEETING
MONDAY, March 13th, 2023
7 p.m.   Plymouth Tavern

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ERC EXECUTIVE BOARD MEETING
March 20th, 2023
6 p.m.   Colony Pub & Grille

OFFICERS and BOARD MEMBERS for 2023
PRESIDENT: David Comi (2024)
881-0060   davecomi@erierunners.club
VICE PRESIDENT: Dan Albaugh (2023)
774-3209   dan.a@erierunners.club
TREASURER: Kathryn Carstater (2023)

SECRETARY: Kim Lawrence (2024)
            kiml@erierunners.club
BOARD MEMBERS (final year of term)
Janina Lee (2023)
            janinal@erierunners.club
Suzanne Carstater (2023)
            suzannec@erierunners.club
Bill Tobin (2024)
398-2908   billt@erierunners.club
Tom Twohig (2024)
            tomt@erierunners.club
Greg Wigham (2025)
            gregw@erierunners.club
Jeff Shaw (2025)
            jashawpa@gmail.com

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ADDRESS CHANGE or CORRECTION
Please e-mail *suzannec@erierunners.club* with
ANY change in address.

Newsletter Editor: Dan Albaugh 814-774-3209
e-mail: *dan.a@erierunners.club*
WEBSITE: *www.erierunners.club*

Send mail to Erie Runners Club,

1903 West 8th Street, PMB #296, Erie, PA 16505

CALENDAR OF EVENTS

MARCH
11   ERC St. Patrick's Distance Festival, 5K fun run at 9 AM, 10K at 10:10, Rotary Pavilion, Presque Isle State Park, Erie, PA, call Dave Comi at 814-881-0060 or e-mail to *davecomi@erierunners.club*
19   Voodoo Brewery Burning Empty Calories 5K Run/Walk, 12 PM, 101 Boston Store Place, Erie, PA, email to erie@VoodooBrewery.com, online registration at https://runsignup.com/PA/VoodooBreweryBurningEmptyCalories5k *https://runsignup.com/Race/PA/Erie/VoodooBreweryBurningEmptyCalories5k*

APRIL
23   ERC 2.2/4.4-mile TUTU Run/Walk, 4.4starts at 9 AM, 2.2 at 9:15, ERC Beach One Pavilion, Presque Isle State Park, Erie, PA, call Janina Lee at 703-477-7754 or e-mail to *janina_lee@rocketmail.com*

Looking ahead:

The following are the proposed dates for the ERC 2023 race calendar. We'll keep you posted.
April 23, 2023 – ERC Tutu Run
May 14, 2023 – ERC Mother's Day 5K Run/Walk
June 18, 2023 – ERC Father's Day 5K Run/Walk
July 16, 2023 – ERC Presque Isle Half Marathon
August 20, 2023 – Hamot 10K/5K Mayor's Cup
September 10, 2023 – Erie Marathon at Presque Isle
October 21, 2023 – ERC Personal Endurance Classic
November 23, 2023 – ERC Turkey Trot 10K & 5K
December 9, 2023 – Snowflake 5K Run/Walk
NOTE: We advise that you check with a race's director for firm details. Many races operate on small or limited budgets, and race directors often can't respond to your written requests unless you include a self-addressed stamped envelope (SASE) with your request. Another caution: If you call a race director long-distance and have to leave a message, give your name and address in addition to your phone number to insure a reply. **To have a race appear in this listing, call Dan at 814-774-3209, or send details (along with a copy of the race application, if available) to ERC Newsletter Editor,** *1903 West 8th Street, PMB #296, Erie, PA 16505*

February 2023 Board Meeting Minutes

Monday February 20, 2023

Colony Pub & Grille, 6:00 p.m.

Meeting called to order: 6:13 p.m. by DA

In attendance: Dan Albaugh, Kim Lawrence, Bill Tobin, Kathryn Carstater, Janina Lee, Tom Twohig, Jeff Shaw, Suzy Carstater

Absent: David Comi, Greg Wigham

Secretary's Report: The minutes of the February 2023 meeting were published and distributed to the general membership via the newsletter.

Treasurers Report: Motion to accept: JS, seconded by JL. All approved.

Guests: None

Correspondence: Postal mail and Email regarding upcoming races

Old Business: None

New Business: Discussed having *RaceJoy* as an app for race runner tracking, but dependable cell phone service is needed for it to work properly. We tried their free trial and it did not work. We will not be pursuing a race tracking app due to cell phone limitations on the Peninsula. *(Editor's note: This plan has changed since the meeting. Jim Lang was able to correct some problems. We will be giving RaceJoy a try at St. Pat's. See information elsewhere in this newsletter.)*

Races: St. Pats Distance Festival is fast approaching! Sign up online at RunSignUp. The race will take place on Saturday March 11, 2023, Rotary Pavilion – near the Waterworks on Presque Isle. Packet Pickup and same day registration starts at 7:30 a.m. The 5K race starts at 9:00 a.m. There will be a one-hour time limit for the 5K race. The 10K race starts at 10:10 a.m. Please allow plenty of time to arrive. The race will not be delayed due to inclement weather or parking. Volunteers are still needed. Contact David Comi for details at 814-881-0060.

Sunday April 23rd - OUR SECOND ANNUAL 2.2 Tutu of 2023 & the 4.4 Tutu of 2023 – That's right! It's a Tutu Event! We're looking for a little bit of lighthearted fun! There will be two distances - 2.2 Miles and 4.4 Miles. Tutus are optional, of course. There will be awards for the first, second and third place finishers for both male and female category in each race. And there will be a cash award for the best Tutu for male and female finishers. The race will be held on Sunday April 23rd at the ERC Beach One Pavilion. The 4.4 race will start at 9 a.m and the 2.2 will start at 9:15 a.m. There will be snacks and water for participants at the end of the race. This run will benefit Safenet. Registration is now open on RunSignUp.com! To guarantee your shirt size, sign up early.

Meeting adjournment - Motion to adjourn SC, 2nd KC. All approved.

Meeting adjourned at 7:16 p.m. The next monthly board meeting will be held on Monday, March 20, 2023 at the Colony Pub & Grille

Respectfully submitted,

Kim Lawrence, Secretary

From the President's Pen

The winter for this year is mostly over. Happy March to one and all!

Coming right up is the third and final event of our Winter Series, the St. Pat's Distance Festival. It looks like we will have about the same amount of participants as last year. Be aware that with supply issues still being a problem we are required to place our shirt orders a couple weeks before. It's not like the old days when we used to be able to get orders in a couple of days. In regards to this event and future events it would benefit you to register in a timely manner to be assured the premium. At some of the last few events, late entrants have bemoaned us for not having the product for them to receive. We do order extra and place them in inventory but remember that when you register closer to the day of the race you may be limited to sizes available.

We will be starting to gather volunteers and volunteer groups for our major events of 2023. If you know of any group or organization looking for a fundraiser, contact me at 814-881-0060 or at davemcomi@gmail.com. Individuals are also needed. The half marathon is in July and the full marathon is in September.

I wish you all the best this year and great accomplishments in your running future.

David Comi

Blowing out (Lots of) Candles

Wish a Happy Birthday to:

MARCH
2023

1 - Jeff Shaw, Mari Howells
4 – Daniel Beggs, Renee Uht
5 - Linda Huegel, Patrick Smith
6 – Matt Decker
7 – Scott Sinnott
8 – Hayden Daubenspeck
9 - John Kathman, James Horomanski II
10 - Daniel Schreiber
11 - Anthony Lytle
12 - Jan Vieyra
14 – Caleb Daubenspeck
15 – Allen Smith
18 - Abby Shaw, Joshua Bakuhn
19 – Wendy Bumbera
21 - Patrick Albaugh, Amara Vella
22 – Robert Lacy, Joseph Lang,
      Travis Althouse
26 - Trill Dreistadt, Susan Abt, Tricia Jay
27 – Hannah Easly, Kenneth Foust
29 - Michelle Griffith-Aresco, Joshua Hayes
30 - Kevin Slagle

St. Pat's Distance Festival

RaceJoy - a new experience for your race day

This year we're adding RaceJoy to your race experience. RaceJoy technology allows you to share your location and progress information with friends and family members, let your friends sned you encouragement during the race, and provide you with course and progress information as you run (or walk) the course. And RacJoy is completely optional to use. It is available, but not required.

You (and your friends/family) would need to install RaceJoy on your phone. Find the ERC St Pat's race (just search for ERC - should get you there). Tell it if you're going to be participating or tracking, and proceed. Works a treat.

On race morning, just before the start of the race, launch RaceJoy. At the start of the race, tell it to start tracking you. RaceJoy will give you your pacing through the race and tell you about turns as you approach them. (Turnarounds, really - we're not doing Fischer drive). Friends and family that are tracking you can send encouragement as well.

On the race side of things, those that do opt to be tracked will give us insite into how the race(s) are progressing, let us know how many folks are still out, and monitor progress.

Again - totally optional. We hope you enjoy.

ERC 2.2 or 4.4 Tutu Race
April 23 @ 9:00 a.m.

Announcing the 2.2 or 2.2 X 2 Tutu Run of 2023. That's right; it's a Tutu Run! We're looking for a little bit of lighthearted fun; there will be two distances - 2.2 miles or 4.4 miles. Tutus are encouraged but not required.

There will be awards for first, second and third place finishers for both male and female in each race. And there will be a cash reward for the best Tutu for male and female finishers. The race takes place on Sunday April 24th at the ERC Beach One Pavilion. The 4.4 race will start at 9 a.m. and the 2.2 will start at 9:15 a.m. There will be snacks and water provided for participants at the end of the race. Check in starts at 8 a.m. at the Beach 1 Pavilion. T-shirts guaranteed for participants registered by April 10th. Sign up early so you won't disappointed.

You can only sign up for one race since they will start 15 minutes apart

DETAILS

Date:
Sunday April 23rd
Time:
9:00 a.m.

Website:
https://runsignup.com/Race/PA/Erie/ERCPokerRun

ORGANIZER
Erie Runners Club
OTHER
Online Registration url
https://runsignup.com/Race/PA/Erie/ERCPokerRun
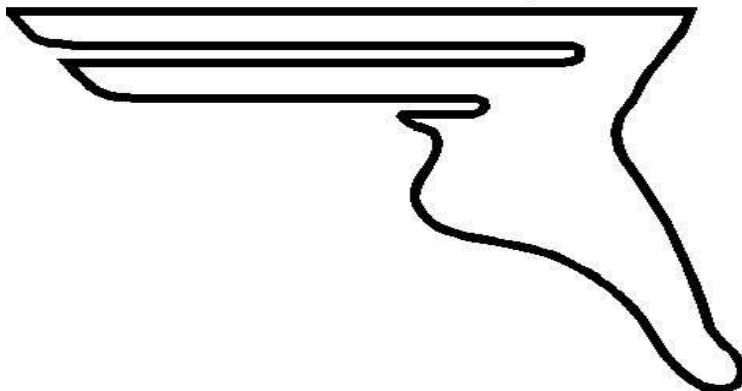**Contact Name**
Janina Lee
Contact Email
janina_lee@rocketmail.com
Contact Phone
703-477-7754

Erie Runners Club, Inc.

1903 West 8th Street, PMB #296, Erie, PA 16505

MARCH

DATED MATERIAL - PLEASE DELIVER PROMPTLY

In this issue:

- ✔ Race Calendar
- ✔ From the President's Pen
- ✔ March meeting info
- ✔ March birthdays
- ✔ ERC contact info
- ✔ Race results & reports
- ✔ Race applications
- ✔ and more!!!

Next on the ERC RACE SCHEDULE
March 11 – ERC St. Pat's 5K/10K

April 23 – ERC 2.2 Tutu & 4.4 Tutu Run