

Race Date  
June 04, 2016

# Run from the Nun Good Habit 5K Classic

## Age Group Results

### 5K Run

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lydia Randolph	Jefferson OH	13	18	13	22:34.0	7:17/M
2	Sharon Nelson	North Kingsville OH	51	41	14	23:45.8	7:40/M
3	Emily Clark	Cranesville PA	10	45	16	24:38.1	7:57/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeremy Dunn	Ashtabula OH	28	42	1	17:57.4	5:47/M
2	Luke Stecki	Ashtabula OH	36	21	2	18:18.3	5:54/M
3	Justin Hemme	Jefferson OH	16	15	3	19:59.6	6:27/M

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### 5K Run

#### Female 1 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Evelyn Clark	Cranesville PA	8	46	30	27:44.0	8:57/M
2 *	Caroline Nelson	North Kingsville OH	11	40	38	31:24.0	10:08/M

#### Male 1 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Aiden Davison	Conneaut OH	11	3	18	25:09.3	8:07/M
2 *	James Clark	Cranesville PA	7	47	19	25:13.4	8:08/M
3 *	Vinnie De George	Ashtabula OH	10	36	27	26:39.5	8:36/M
4	Joey Timonere	Ashtabula OH	13	37	32	29:36.1	9:33/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tiffany Pelton	Ashtabula OH	17	5	50	38:26.1	12:24/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dylan Knuth	Ashtabula OH	16	31	22	25:40.3	8:17/M
2 *	Jonathan Davis	Conneaut OH	16	24	54	43:00.8	13:52/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathryn Dutton	Mentor OH	27	17	52	38:58.0	12:34/M
2 *	Melissa Blank	Kingsville OH	26	25	55	47:50.8	15:26/M

#### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jason Blank	Kingsville OH	28	26	15	24:24.0	7:52/M
2 *	Bob Dlwgosh	Ashtabula OH	28	27	35	30:31.8	9:51/M

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# Run from the Nun Good Habit 5K Classic

## Age Group Results

### 5K Run

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lyndee Bodnar	Ashtabula OH	32	30	25	26:11.2	8:27/M
2 *	Stephanie Bowser	Mentor OH	31	16	28	27:06.3	8:45/M
3 *	Sarah Bodnar	Ashtabula OH	32	54	40	32:44.7	10:34/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Suzanne Westlake	Ashtabula OH	36	1	45	36:19.9	11:43/M
2 *	Sarah Howe	Ashtabula OH	36	6	47	36:49.1	11:53/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sebastian Ornelas-Medina	Ashtabula OH	37	2	11	21:29.0	6:56/M
2 *	Tom Fidanza	Madison OH	37	49	21	25:29.7	8:13/M
3 *	Jim Timonere	Ashtabula OH	39	22	23	25:47.4	8:19/M
4	Phil Johnson	Geneva OH	38	11	24	26:09.3	8:26/M
5	Nicholas Bodnar	Ashtabula OH	37	29	26	26:20.9	8:30/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jacklynn Krysa	Austinburg OH	41	51	29	27:24.3	8:50/M
2 *	Dawn Cragon	Ashtabula OH	44	53	31	28:27.3	9:11/M
3 *	Christy Tobias	Ashtabula OH	40	35	43	34:08.1	11:01/M
4	Donna De George	Conneaut OH	40	34	44	34:54.9	11:15/M
5	Becky Henson	Jefferson OH	40	7	48	37:17.5	12:02/M
6	Dina Vant Veer	Jefferson OH	44	20	49	38:18.3	12:21/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Le Van	Erie PA	42	52	9	20:47.2	6:42/M
2 *	Bryon Perry	Geneva OH	43	48	36	30:39.5	9:53/M

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### 5K Run

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chrissy Tobias	North Kingsville OH	45	38	17	25:05.9	8:05/M
2 *	Virginia March	Jefferson OH	48	8	33	29:41.9	9:35/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Erik Vant Veer	Ashtabula OH	47	44	4	20:07.5	6:29/M
2 *	Michael Anderson	Ashtabula OH	49	33	5	20:14.9	6:32/M
3 *	John Hutchison	Conneaut OH	46	50	6	20:28.7	6:36/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patty Warner	Ashtabula OH	54	13	34	30:26.1	9:49/M
2 *	Lisa Haytcher	Ashtabula OH	52	10	39	31:50.1	10:16/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tony Noxon	Andover OH	53	43	7	20:30.6	6:37/M
2 *	Dan Loose	Ashtabula OH	53	55	8	20:46.3	6:42/M
3 *	Thomas West	Conneaut OH	50	12	10	21:09.5	6:49/M

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lori Herpen-Decato	Ashtabula OH	55	4	46	36:21.1	11:44/M
2 *	Tracy West	Ashtabula OH	58	14	51	38:44.8	12:30/M
3 *	Maria Dlwgosh	Ashtabula OH	59	28	53	42:44.5	13:47/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bruce Haytcher	Ashtabula OH	58	9	42	34:07.0	11:00/M

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### 5K Run

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Pat Douglass	Geneva OH	64	19	41	33:18.6	10:45/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Terry Putt	Orwell OH	63	23	12	21:29.9	6:56/M
2 *	Jerry Lamm	Concord Twp OH	60	32	20	25:21.5	8:11/M
3 *	Bill Tobias	North Kingsville OH	60	39	37	31:16.5	10:05/M