

2023 Dan Rice 5K

The 44th annual 5K race will be held on Saturday, August 5, 2023 starting in downtown Girard, Pennsylvania. Registration will begin at 7:00 AM at the Girard Borough Hall, Main Street, (Rt. 20), Girard, PA

Race starting time is 8:30 AM. The 5K consists of one 3.1-mile loop.

EXPANDED AGE GROUPS:

Men: 11 & Under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-over

Women: 11 & Under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-over

AWARDS:

Top overall finishers, male and female, will receive plaques.

Second and third overall finishers, male and female, will receive plaques.

Top three finishers in each age group will receive plaques.

T-SHIRTS:

5K entrants will receive a shirt if registration is received on or before August 4, 2023 The remainder will be distributed on race day on first come, first serve basis.

FEE:

5K - \$18.00 Before August 4, 2023

5K - \$20.00 on race day (August 5, 2023)

The course is flat and TAC certified.

Splits will be provided at miles 1, 2, and 3, and refreshments will be available at the 2-mile mark.

Award ceremony will be immediately following the race.

Send applications, proper entry fee, and make checks payable to the Girard Athletic Boosters to:

George Drushel, 1024 Pine Tree Drive, Girard, PA 16417

Phone: (814) 323-0901

Online registration is available at www.bigwhitetrailer.com

Name (Please print) _____ Date _____

Address _____ Phone _____

City _____ State _____ Zip _____

Age _____ DOB _____ Male/Female _____

E-Mail Address _____

Shirt Size: (circle one) SMALL MEDIUM LARGE X-LARGE XX-LARGE

In consideration of your accepting this entry, I, intending to be legal bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights I have against Girard Borough, Girard Police, the Commonwealth of Pennsylvania, the volunteer staff, and any other sponsors and their representatives, successors, and assigns, for any and all injuries suffered by me in this event. I further hereby grant permission to the sponsors of this event and any other sponsors to use all information submitted in this application, and my likeness and voice, as well as photographs, video tapes, motion pictures, recording or any other record of this event, including race results, in which I may appear for any legitimate purpose whatsoever including but not limited to pre-race and post-race publicity by publishing to internet sites, in newsletters or newspapers. Entry is non-transferable and non-refundable.

Runner's Signature _____ Date _____
(Parent if under 18)

****All Participants are responsible to follow CDC, State, County, Local and Dan Rice Days COVID-19 guidelines.**